

"Screaming Toes"

"Screaming Toes" is a very loud and fun deinhbitizer. Have the group form a circle. When the leader says "look down," all participants are to look at their toes. When the leader says "look up," all participants are to look up quickly looking at one, and only one, other person in the circle. If that other person happens to be looking back at them making eye contact, both of the people making eye contact are to scream as loud as they can. If a person does not make eye contact with anyone else, that person is to be silent. The leader again says "look down," and all participants are to look at their toes. When the leader says "look up" again, all participants are to look up quickly a different person in the circle other than the one they just looked at. If that other person happens to be looking back at them making eye contact, both of the people making eye contact are to scream as loud as they can. Repeat until your ears hurt, your voice is horse...